

Kursplan

16.10.2017 - 22.10.2017

Sportzentrum Pinkafeld
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 sportzentrum@bnet.at



Montag 16.10.2017	Dienstag 17.10.2017	Mittwoch 18.10.2017	Donnerstag 19.10.2017	Freitag 20.10.2017	Samstag 21.10.2017	Sonntag 22.10.2017
<div style="background-color: #00FF00; padding: 5px; margin-bottom: 5px;">09:15 - 10:30 Power Yoga</div> <div style="background-color: #00FFFF; padding: 5px; margin-bottom: 5px;">18:30 - 19:30 Spinning/Rumpfstab...</div> <div style="background-color: #00FFFF; padding: 5px;">19:30 - 20:30 Spinning (bei Bedar...</div>	<div style="background-color: #FF0000; padding: 5px; margin-bottom: 5px;">18:30 - 19:30 Bodytoning</div> <div style="background-color: #00FFFF; padding: 5px;">19:30 - 20:30 Step</div>	<div style="background-color: #00FFFF; padding: 5px; margin-bottom: 5px;">18:30 - 19:30 Spinning Intensiv</div> <div style="background-color: #00FFFF; padding: 5px;">19:30 - 20:30 Spinning Intensiv (...)</div>	<div style="background-color: #00FF00; padding: 5px; margin-bottom: 5px;">09:30 - 10:30 Pilates</div>	<div style="background-color: #00FFFF; padding: 5px; margin-bottom: 5px;">18:30 - 19:30 Spinning Intensiv</div> <div style="background-color: #00FFFF; padding: 5px;">19:30 - 20:30 Spinning Intensiv (...)</div>		

■ Ausdauer

■ Gesundheit

■ Kraft

Stand: 20.10.2017