

Kursplan

11.12.2017 - 17.12.2017

Sportzentrum Pinkafeld
 Zum Hallenbad 5
 7423 Pinkafeld
 03357 43381
 sportzentrum@bnet.at



Montag 11.12.2017	Dienstag 12.12.2017	Mittwoch 13.12.2017	Donnerstag 14.12.2017	Freitag 15.12.2017	Samstag 16.12.2017	Sonntag 17.12.2017
<div style="background-color: #00FF00; padding: 5px; margin-bottom: 5px;">09:15 - 10:30 Power Yoga</div> <div style="background-color: #00FFFF; padding: 5px; margin-bottom: 5px;">18:30 - 19:30 Spinning/Rumpfstab...</div> <div style="background-color: #00FFFF; padding: 5px;">19:30 - 20:30 Spinning (bei Bedar...</div>	<div style="background-color: #FF0000; padding: 5px; margin-bottom: 5px;">18:30 - 19:30 Bodytoning</div> <div style="background-color: #00FFFF; padding: 5px;">19:30 - 20:30 Step</div>	<div style="background-color: #00FFFF; padding: 5px; margin-bottom: 5px;">18:30 - 19:30 Spinning Intensiv</div> <div style="background-color: #00FFFF; padding: 5px;">19:30 - 20:30 Spinning Intensiv (...)</div>	<div style="background-color: #00FF00; padding: 5px; margin-bottom: 5px;">09:30 - 10:30 Pilates</div>	<div style="background-color: #00FFFF; padding: 5px; margin-bottom: 5px;">18:30 - 19:30 Spinning Intensiv</div> <div style="background-color: #00FFFF; padding: 5px;">19:30 - 20:30 Spinning Intensiv (...)</div>		

■ Ausdauer
 ■ Gesundheit
 ■ Kraft

Stand: 12.12.2017